

Learning About Buddhism: A Fact-File with Nova

Learning objective: To identify and describe the key beliefs and practices of Buddhism.

Nova the owl wants to learn about Buddhism. Use your class books or the provided information sheet to fill in this fact-file. Write in short, clear sentences. If you get stuck, look at the word bank at the bottom of the page.

Word bank: Siddhartha Gautama · The Buddha · Meditation · Temple · Shrine · Peace · Kindness · Eightfold Path

1. Who was the founder of Buddhism? (Hint: Use his name or his title.) (2 marks)

2. What is the name of the place where Buddhists often go to pray or sit quietly? (2 marks)

3. What do Buddhists do to help them feel calm and think clearly? (2 marks)

4. Name one way a Buddhist tries to be a kind person to others. (2 marks)

Extension challenge: Nova asks: 'If you could create a quiet space for meditation in our classroom, what would it look like?' Write two sentences about your ideas.