

Pilgrimage: A Journey of Faith

Learning objective: To understand the meaning of pilgrimage and identify key reasons why people travel to sacred places.

Read the key facts below and use them to answer the quiz questions. Work carefully and check your spelling!

Answer Key: 1. A, 2. True, 3. True, 4. B, 5. False, 6. C, 7. Mecca, 8. True, 9. D, 10. Reflection. A pilgrimage is a journey to a place considered holy or sacred. People undertake these trips to show devotion, seek healing, or find inner peace. For Muslims, the Hajj is a mandatory pilgrimage to Mecca. Christians may visit Lourdes in France, while many Hindus travel to the holy city of Varanasi. These journeys often involve prayer and quiet reflection.

Word bank: Sacred · Pilgrim · Journey · Shrine · Reflection · Hajj · Varanasi · Lourdes

1. 1. What is the definition of a 'pilgrim'? A) A tourist on holiday B) A person who travels to a sacred place* C) A person who likes walking D) A professional athlete (1 mark)

2. 2. True or False: A pilgrimage is always a very short journey that takes less than an hour. (1 mark)

3. 3. True or False: Many people go on a pilgrimage to seek spiritual healing or inner peace. (1 mark)

4. 4. Which of these is a famous city for a Muslim pilgrimage? A) London B) Mecca* C) Paris D) Rome (1 mark)

5. 5. True or False: Pilgrimages are only ever performed by people travelling alone. (1 mark)

6. 6. Which of these is a holy city often visited by Hindu pilgrims? A) New York B) Tokyo C) Varanasi* D) Berlin (1 mark)

7. 7. What is the name of the mandatory pilgrimage that Muslims aim to complete at least once in their lifetime? (1-word answer) (1 mark)

8. 8. True or False: A 'shrine' is a place where pilgrims might stop to pray. (1 mark)

9. 9. Why might a pilgrim choose to visit a sacred site? A) To see a new cinema B) To go shopping C) To buy souvenirs D) To show devotion to their faith* (1 mark)

10. 10. Fill in the blank: Pilgrims often spend time in quiet _____ to think about their life and beliefs. (1 mark)

Draw: Draw a picture of a pilgrim travelling towards a beautiful, peaceful temple or _____ mountain. Include symbols of peace like a dove or a calm, flowing river.



Extension challenge: Nova the owl is curious! Write a short paragraph explaining why someone might choose to walk a long distance on a pilgrimage instead of taking a faster form of transport like a train or car.