

Understanding Prayer: A Quiet Moment

Learning objective: To explain what prayer is, why people pray, and how different people express their faith.

Read each question carefully. Use the word bank to help you with your spelling. Write your answers clearly on the lines provided.

Prayer is a way for people of faith to connect with God or the divine. Some people pray alone in a quiet place. Others pray together in a church, mosque, synagogue, or temple. People might pray to say thank you, to ask for help, or to say sorry for something they have done wrong. It is a time to be still and think about life.

Word bank: Thank · Sorry · Faith · Quiet · Hope · Peace · Reflect · Community

1. Name one place where people might go to pray. (1 mark)

2. Max the monkey wants to know two reasons why someone might pray. Use the passage to help you. (2 marks)

3. Pip the caterpillar likes to be quiet when reading. Why is it important for many people to have a quiet space when they pray? (3 marks)

4. Sometimes people pray in a group. Why do you think praying with others might make a person feel supported? (4 marks)

5. Describe a time when you have felt very calm or quiet. Why is it important to have moments where we stop and think about our feelings? (5 marks)

6. If you were designing a special space for someone to pray or think, what would you put in it? (List 3 items). (3 marks)

7. True or False: Everyone who prays uses the exact same words. (2 marks)

8. Explain in your own words what 'faith' means. (5 marks)

Draw: Draw a picture of a peaceful place where someone could sit and think or pray. Include a tree, a window, or a soft cushion.



Extension challenge: Total: /25. Imagine you are writing a short poem about peace for Leo the lion. Write four lines about what peace feels like to you.