

My Prayer Journal with Ellie the Elephant

Learning objective: To understand that people pray in different ways and to reflect on personal thoughts and feelings.

Ellie the Elephant has a great memory and loves to think about the world. Today, she wants you to think about prayer. Prayer is a way that many people talk to someone or something they believe in. Use this sheet to explore what prayer means to you or others. Look at the word bank if you need help with your writing.

Word bank: Thank you · Hope · Help · Peace · Quiet · Kindness · Thought · Listen · Reflect · Wish

1. Why do you think some people choose to pray? (You could start with: 'People pray to...') (2 marks)

2. What are some things that people might say 'thank you' for in a prayer? (2 marks)

3. Where is a good place to go if you want to sit quietly and think or pray? (2 marks)

4. Write a short sentence about a wish you have for the world. (You could start with: 'I hope that...') (2 marks)

Extension challenge: Draw a picture of a calm or special place where someone might go to feel peaceful.