

An Introduction to Sikhism with Ellie the Elephant

Explore the Golden Temple and discover the peaceful ways of the Sikh faith!

- Sikhism began in the Punjab region of India over 500 years ago, founded by Guru Nanak Dev Ji.
- The Sikh place of worship is called a Gurdwara. Everyone is welcome to visit, regardless of their background.
- Langar is the community kitchen found in a Gurdwara where free vegetarian meals are served to everyone.
- Seva means 'selfless service'. Sikhs show love for others by helping their community without expecting anything in return.
- Sikhs believe in equality for all people, teaching that everyone is equal in the eyes of the Divine.

Did you know? Did you know? The Golden Temple, known as Harmandir Sahib, has four doors. This shows that people from all four corners of the earth are welcome to enter, no matter who they are!

Key vocabulary: Guru · Sikh · Gurdwara · Langar · Equality · Seva