

Max and Bea's Amazing Animal Adventure

Join Max the monkey and Bea the bee to discover how your body works!

- Digestion starts in the mouth, where your teeth chew food into small, soft pieces.
- The stomach acts like a mixer, turning your food into a thick, soupy liquid.
- The small intestine takes all the good nutrients from your food to give your body energy.
- The large intestine soaks up water so that your body stays hydrated and healthy.
- The digestive system is the clever way your body turns your lunch into the fuel you need to run, play, and learn.

Did you know? Did you know? Your small intestine is about 6 metres long! That is as long as a giraffe is tall!

Key vocabulary: teeth · stomach · intestines · digestive system · energy · nutrients