Nova’s Guide to Terrific Teeth

Keep your smile shining bright—discover the science behind your bite!

- **Incisors are the sharp, chisel-shaped teeth at the front of your mouth. They are perfectly designed for cutting and slicing through your food.**
- **Canines are the pointed, fang-like teeth located next to the incisors. Their main job is to help you grip and tear food apart.**
- **Premolars sit between your canines and molars. They have a flatter surface and work to crush and grind food into smaller pieces.**
- **Molars are the large, flat teeth at the very back of your mouth. These are the heavy lifters that do most of the grinding when you chew.**
- **The crown of your tooth is protected by enamel, which is the hardest substance in the human body, keeping the sensitive inner parts safe.**

Did you know? Did you know? Humans have two sets of teeth in their lifetime! We start with 'baby teeth' (deciduous teeth), which begin to fall out around age six, making room for our permanent 'adult teeth'. Make sure to look after them, as you only get one adult set!

Key vocabulary: Incisors · Canines · Premolars · Molars · Enamel · Dentine · Pulp