

The Festival of Lights: The Story of Diwali

Celebrate the glow! Discover the ancient story behind the Festival of Lights.

- Diwali marks the return of Prince Rama and his wife Sita to their kingdom of Ayodhya after fourteen years of exile in the forest.
- The people of Ayodhya lit rows of clay lamps, known as diyas, to guide Rama home and light up the darkest night of the lunar month.
- The festival symbolises the spiritual victory of light over darkness, knowledge over ignorance, and good over evil.
- For many, Diwali is a time for cleaning homes, wearing new clothes, and sharing delicious sweets with friends and family.
- The story serves as a reminder that even in the darkest times, goodness and truth will always find a way to shine through.

Did you know? Did you know? During Diwali, families often create intricate patterns on the floor near their doorways called Rangoli. These beautiful designs are made using coloured sand, rice flour, or flower petals to welcome prosperity and good fortune into the home!

Key vocabulary: Diyas · Ayodhya · Rama · Sita · Rangoli · Triumph · Exile