

Les Sports avec Rosa: A French Sports Guide

Bougez et amusez-vous ! Get active and join Rosa the parrot to master your French sports vocabulary!

- If you are playing a team sport that involves a ball, such as football, you should use the phrase 'Je joue au...'.
■ When describing activities that do not use a ball, such as 'la gymnastique', we use the phrase 'Je fais de la...'.
■ The French word for a sports team is 'une équipe', which is feminine, so we say 'mon équipe'.
■ To say you are going to watch a match at the stadium, you would use the phrase 'au stade'.
■ The verb 'gagner' means to win, which is the ultimate goal for every athlete in the team!

Did you know? Did you know? In French, we use different verbs depending on the sport! We use 'jouer au' (jouer à + le) for sports that use a ball, like football or tennis. However, for individual activities like swimming or gymnastics, we use the expression 'faire de la'. Rosa says: always check if your sport has a ball before you pick your verb!

Key vocabulary: Je joue au football (I play football) · Je joue au tennis (I play tennis) · Je fais de la natation (I go swimming) · Je fais de la gymnastique (I do gymnastics) · Le stade (The stadium) · L'équipe (The team) · Le match (The match) · Gagner (To win)