

Year 5 Dance Mastery: Technique and Choreography

Learning objective: To develop a sophisticated understanding of dance terminology, composition, and physical expression in alignment with the Year 5 PE curriculum.

Use these flashcards to test your knowledge of dance vocabulary and choreographic principles. Work with a partner to define the terms and discuss how they might be applied to a performance.

Unison

When two or more dancers perform the exact same movements at the same time.

Canon

A choreographic device where dancers perform the same movement one after another, like a ripple effect.

Dynamics

The varying levels of energy, speed, and power used to perform a movement, such as sharp, fluid, heavy, or light.

Spatial Awareness

The ability to understand your position in the room and your relationship to other dancers and the performance area.

Choreography

The art of creating and arranging movement sequences to form a complete dance piece.

Transition

The fluid movement or action used to link two distinct sections of a dance together.

Motif

A single movement or short sequence that is repeated or developed throughout a dance to express a theme.

Syncopation

An unexpected rhythm or accent that disrupts the steady beat of the music.

Formation

The specific pattern or shape dancers create on the floor, such as a diagonal line, a circle, or a V-shape.

Expression

The use of facial gestures and body language to communicate a specific mood, emotion, or story to the audience.