

Max's Invasion Games Challenge

Learning objective: To understand the core skills used in invasion games, such as moving into space and defending a goal.

Max the monkey loves playing games where you have to move the ball into the other team's area! Look at the skills below. Sort the actions into two lists: 'Attacking' (trying to score) or 'Defending' (trying to stop the other team). Use the word bank to help you.

Word bank: Dribbling · Blocking · Passing · Intercepting · Shooting · Marking

1. 1. Write three skills you use when you are Attacking (trying to score): (3 marks)

2. 2. Write three skills you use when you are Defending (trying to stop the other team): (3 marks)

3. 3. Max says: 'I need to find space to get the ball!' Why is finding space important in an invasion game? (2 marks)

4. 4. If you are defending, why should you stand between your opponent and the goal? (2 marks)

Draw: Draw a picture of you and your friends playing a game. Label one person who is 'Attacking' and one person who is 'Defending'.



Extension challenge: Next time you play a game in PE, try to find a 'space' where no one else is standing. Can you call out to your teammate to pass you the ball?