

Mastering Team Games: Tactics and Strategy

Learning objective: To understand the tactical principles of attacking and defending in team sports and to apply communication skills for effective teamwork.

Read each flashcard to test your knowledge of team game strategies. Use the 'Greater Depth' questions to reflect on how these concepts apply to competitive matches.

Tactics

A set of planned actions or strategies used by a team to gain an advantage over their opponents.

Communication

The clear and concise exchange of information between teammates to coordinate movements and strategy.

Marking

A defensive strategy where a player stays close to an opponent to prevent them from receiving the ball or scoring.

Formation

The arrangement of players on the pitch, determining their roles and responsibilities in attack and defence.

Creating Space

Moving into areas of the pitch where there are no defenders to make it easier for teammates to pass the ball.

Transition

The rapid shift in play from attacking to defending (or vice versa) as soon as possession of the ball changes.

Possession

Having control of the ball or object of play, allowing a team to dictate the tempo of the game.

Fair Play

Respecting the rules, the officials, and the opponents, ensuring the game is played with integrity and sportsmanship.

Intercepting

Moving to cut off a pass between two opposing players to regain possession of the ball.

The role of a Captain

A leader who encourages teammates, makes tactical decisions, and acts as a positive role model during a match.