

Tactical Mastery in Team Games

Learning objective: To understand, apply, and evaluate tactical strategies in competitive team sports to improve team performance.

Read each question carefully. Use your knowledge of sports tactics and teamwork to provide detailed, analytical answers. Refer to your experiences in team games like football, netball, or hockey.

Word bank: communication · spatial awareness · formation · possession · interception · collaboration · defensive structure · transition

1. Max is organising a team for a game of benchball. Explain why maintaining 'spatial awareness' is essential when your team is in possession of the ball. (2 marks)

2. Leo is the captain of the tag-rugby team. Justify why clear and concise communication between teammates is more effective than shouting instructions loudly during a match. (2 marks)

3. Compare and contrast the roles of an attacking player and a defensive player during a transition from attack to defence. What is the most critical priority for the team in this moment? (3 marks)

4. Kit suggests using a specific 'formation' to keep the opposition away from the goal. What might happen if one player decides to ignore the formation and leaves their designated area? Explain the consequences. (3 marks)

5. If your team is losing by a narrow margin with only two minutes remaining, propose a tactical change you would implement to increase your chances of scoring. Give reasons for your choice. (4 marks)

6. Evaluate the importance of sportsmanship and resilience when a team is struggling to work together. How does a positive attitude impact the overall performance of the group? (2 marks)

Draw: Draw a bird's-eye view diagram of a sports pitch. Use arrows to show a successful tactical movement where a team of five players (represented by circles) moves the ball or object from one end of the pitch to the other using passing and spacing.



Extension challenge: Design a new team game that requires at least three distinct tactical roles. Write a short paragraph explaining the 'winning strategy' for your game, justifying why collaboration is the key to success.