

## Helping Others: First Aid Basics

*Learning objective: To understand how to help someone who is hurt and know when to get adult help.*

Read the story about Leo the Lion below. Answer the questions using the information. Use the word bank to help you.

One sunny afternoon, Leo the Lion was playing in the park. Suddenly, he saw his friend trip over a tree root. His friend had a scraped knee and looked very sad. Leo remembered what he had learnt about first aid. First, he checked that the area was safe from any danger. He knew it was important to stay calm so he could help his friend. Leo did not try to fix the big scrape himself. Instead, he went to find a teacher nearby. He told the teacher exactly what happened. The teacher thanked Leo for being so sensible. They helped his friend clean the cut and put on a clean bandage. Leo felt proud because he knew how to act in an emergency. He learnt that the best first aid is often knowing when to get an adult to help. By staying calm and asking for support, Leo made sure his friend was looked after safely and quickly. Always remember, if someone is hurt, your first job is to find a grown-up.

*Word bank: First aid · Emergency · Adult · Danger · Calm · Help*

### 1. What did Leo do before helping his friend? (Literal) (2 marks)

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### 2. Who did Leo go to find for help? (Literal) (2 marks)

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### 3. Why did Leo stay calm? (Inferential) (2 marks)

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### 4. Why is it important to tell an adult if someone is hurt? (Inferential) (2 marks)

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### 5. Do you think Leo was a good friend? Explain why. (Evaluative) (3 marks)

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**Draw:** Draw a picture of Leo the Lion talking to a teacher to get help for his friend.



*Extension challenge: Write down two things you should do if you see someone fall over in the playground.*