

First Aid Helpers with Leo the Lion

Learning objective: To identify basic first aid steps and how to stay safe in an emergency.

Read the front of the flashcard. Try to say the answer out loud. Then, flip the card to see if you are right. Use the word bank to help you.

What do you do if you see a big emergency?

Stay calm and tell a trusted adult.

Who should you call if you need urgent medical help?

Call 999 to speak to the emergency services.

What should you do if someone is bleeding?

Apply gentle pressure to the wound with a clean cloth.

What is the first step to treat a small burn?

Hold the burn under cool running water for 10 minutes.

What should you do after cleaning a small cut?

Cover the cut with a clean plaster.

What is an emergency?

A situation where someone is hurt and needs help fast.

How do you stay safe at the scene of an accident?

Look around to make sure it is safe before you help.

Why do we keep a first aid kit?

To have the right tools to help someone who is hurt.

What should you never do to a deep wound?

Never try to pull out things stuck inside the wound.

What is the most important thing to do when helping?

Stay calm and get an adult to help.