

# Staying Safe and Helping Others: First Aid Basics

*Learning objective: To know how to get help and stay safe if someone is hurt.*

Read each question carefully. Use the word bank to help you. Ask an adult if you are unsure.

*Word bank: Emergency · Adult · 999 · Calm · Help · Plaster*

**1. Max the monkey has a small cut on his knee. What is the first thing you should do? (2 marks)**

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**2. If you see someone who is badly hurt, why is it important to tell an adult straight away? (2 marks)**

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**3. What is the special phone number you call in the UK if there is a big emergency? (1 mark)**

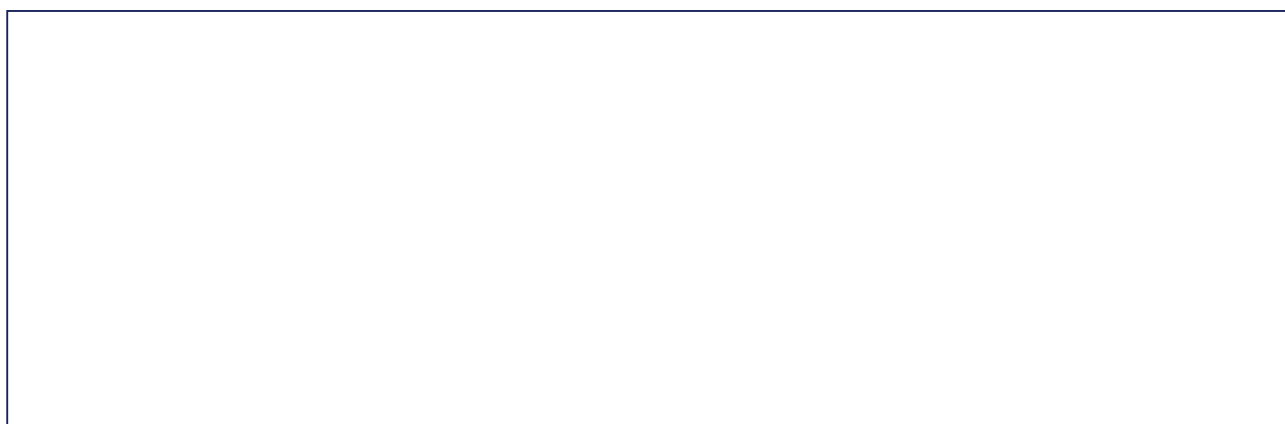
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**4. Why should you try to stay calm if you see someone get hurt? (2 marks)**

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**Draw: Draw a picture of you telling an adult to help someone who has fallen over.**



*Extension challenge: Write down two things you would say to a teacher if you saw a friend get hurt in the playground. Use the sentence starter: 'Please help, my friend has...'*