

Being a First Aid Hero with Max

Learning objective: To understand the basic steps of what to do if someone is hurt.

Read the sentence starter for each section. Use the word bank to help you write your own ideas. Remember to write in clear, short sentences.

If I see someone who is hurt, the most important thing is to stay calm and look for an adult.

Word bank: First · Next · Then · After that · Finally · Help · Safe · Adult · Calm · Emergency

1. 1. What is the first thing you should do to stay safe? Start with: First, I would... (2 marks)

2. 2. How do you find an adult to help? Start with: Next, I would look for... (2 marks)

3. 3. What should you tell the adult? Start with: I would tell the adult that... (2 marks)

4. 4. Why is it important not to move the person? Start with: It is important to wait because... (2 marks)

Extension challenge: Max the monkey wants to know who you would call in a real emergency. Write down the three-digit number we use in the UK.