

Year 5 PSHE Assessment: Principles of First Aid

Learning objective: To demonstrate an understanding of basic first aid procedures, the importance of safety, and the ability to respond appropriately in an emergency situation.

Read each question carefully. Use the word bank to support your answers. Ensure your explanations are clear and detailed to demonstrate your understanding of safety protocols.

Max the monkey and Kit the fox were exploring the school gardens when they noticed a pupil had fallen from a low branch and was lying still on the grass. Max immediately remembered his safety training. He checked the surroundings for danger, checked the pupil's breathing, and asked Kit to call for adult assistance while he stayed calm and monitored the situation.

Word bank: DRABC · Emergency · Communication · Casualty · Recovery position · Contamination · First aider · Defibrillator

1. What does the 'D' and 'R' stand for in the DRABC action plan? Explain why these are the first steps to take. (2 marks)

2. Why is it essential to maintain communication with an adult or emergency services when you suspect someone is injured? (2 marks)

3. Describe the recovery position and explain why it is used for an unconscious person who is breathing. (3 marks)

4. If you witness a minor scrape or graze, what are the two most important steps to take to prevent infection? (2 marks)

5. Compare and contrast the actions you would take for a minor injury versus a serious medical emergency. Justify why the procedures differ. (4 marks)

6. Explain why it is vital for a first aider to remain calm during an incident. How might panic affect the outcome of an emergency? (3 marks)

7. Extended Writing Task: You are writing a guide for younger pupils on how to be a 'Safety Hero'. Explain what they should do if they find an unconscious person. Include the importance of checking for danger, calling for help, and never leaving the casualty alone. (5 marks) (5 marks)

Draw: Draw a labelled diagram of the 'Recovery Position', showing how the body is tilted to keep the airway clear.



Extension challenge: What might happen if a bystander tries to move a person who has fallen from a significant height before professional help arrives? Justify your answer using your knowledge of potential spinal injuries. Total: /25