

First Aid Fun: The Safety Squad Challenge

Learning objective: To understand the fundamental principles of basic first aid, including assessing danger, calling for help, and recognising when to alert an adult.

Join Max the monkey and Kit the fox for this fast-paced safety quiz. Read each question carefully and circle the best answer. Remember: your primary goal in any emergency is to stay calm and alert an adult immediately!

Answer Key: 1.C, 2.True, 3.False, 4.Pressure, 5.B, 6.False, 7.A, 8.True, 9.Adult, 10.B. Explanation: Always ensure the area is safe before approaching. Direct pressure stops bleeding, and calling 999 is reserved only for serious, life-threatening emergencies.

Word bank: Emergency · Danger · Response · Adult · Pressure · Bandage · Communication · Primary

1. Max finds someone who has fallen and is hurt. What is the very first thing he must do? A) Give them water, B) Try to move them, C) Check for danger to himself and others*, D) Run away. (1 mark)

2. True or False: If someone is unconscious and not breathing, you should call 999 immediately. (1 mark)

3. True or False: You should always use a mobile phone to film an accident before helping. (1 mark)

4. If a friend has a small cut that is bleeding, what should you apply to the wound to help it stop? (1 word) (1 mark)

5. When calling 999, which information is most important to give the operator? A) Your favourite colour, B) Your exact location*, C) How many siblings you have, D) What you had for lunch. (1 mark)

6. True or False: It is safe to give someone medicine you found on the floor if they are in pain. (1 mark)

7. Kit sees a friend with a burn. What should he do? A) Run the burn under cool running water for 20 minutes*, B) Put butter on it, C) Wrap it in a thick woolly jumper, D) Pop any blisters. (1 mark)

8. True or False: You should stay with the injured person until help arrives. (1 mark)

9. Who is the most important person to find when an emergency happens at school? (1 word) (1 mark)

10. If someone is choking but can cough and speak, what should you do? A) Slap them on the back hard, B) Encourage them to keep coughing*, C) Give them a large drink of milk, D) Lay them flat on the floor. (1 mark)

Draw: Draw a 'Safety Kit' that Max and Kit might carry. Include items like a clean cloth, a bottle of water, and a sign that says 'Help'.



Extension challenge: Greater Depth Challenge: 1. Explain why moving an injured person is usually dangerous. 2. Compare and contrast the actions needed for a minor graze versus a deep, bleeding wound. 3. Justify why the 'Danger' check is the most critical step in the sequence of first aid. 4. What might happen if a bystander panics during an emergency? 5. If you were designing a first aid app for children, what three buttons would you include and why? 6. Evaluate the importance of remaining calm; how does a calm voice influence the person who is hurt?