

Being a First Aid Hero: A Guide to Staying Calm and Helpful

Learning objective: To understand the importance of basic first aid and the correct steps to take when someone is injured or unwell.

Use this writing frame to describe how to respond to an emergency. Think about how Max the monkey might use his logical problem-solving skills to stay calm and assess a situation safely before helping.

When faced with an unexpected accident, the most vital step is to pause, take a deep breath, and carefully scan your surroundings to ensure it is safe for you to approach.

Word bank: cautiously · immediately · prioritise · emergency services · consequently · furthermore · reassure · hazard · firstly · nevertheless

1. Safety First: Explain why it is crucial to check for hazards before helping someone. Start your paragraph with: 'Before offering any assistance, one must observe the environment because...' (2 marks)

2. Communicating for Help: Describe the process of contacting the emergency services. Start your paragraph with: 'If the situation is serious, I would call 999 and clearly state...' (2 marks)

3. Providing Comfort: How can you support someone who is feeling frightened or hurt? Start your paragraph with: 'To reassure an injured person, it is important to speak in a calm voice by...' (2 marks)

4. Justify your answer: Why is it important that a bystander does not attempt a medical procedure they have not been trained for? (3 marks)

5. Compare and contrast: What are the differences between a minor injury, such as a small scrape, and a medical emergency that requires professional help? (3 marks)

6. What might happen if someone panicked during an emergency? Explain the potential consequences for both the helper and the injured person. (3 marks)

Extension challenge: Imagine you are designing a First Aid kit for a school trip. Create a list of 5 essential items you would include and write a short justification for why each item is necessary, considering the potential risks of an outdoor environment.