

The Pillars of True Friendship: A Guide by Leo the Lion

Be a Bridge, Not a Wall: Build Friendships That Last!

- How can active listening demonstrate that you value a friend's perspective during a conversation?
- Why is it essential to maintain personal boundaries while being a supportive and loyal friend?
- In what ways does demonstrating integrity help to build and sustain trust within a friendship over time?
- How can you practise inclusivity to ensure that no one in your class feels isolated or left out?
- What steps can be taken to resolve a disagreement calmly and reach a compromise that respects both parties?

Did you know? Did you know? Scientific studies suggest that social bonds are as vital to our well-being as physical exercise. Just like a lion pride working together to thrive, humans rely on deep social connections to share ideas, support one another, and build a sense of belonging in our communities.

Key vocabulary: Empathy · Integrity · Mutual Respect · Active Listening · Conflict Resolution · Trustworthiness · Inclusivity