

Growing Up: My Journey to Independence

Learning objective: To understand the physical, emotional, and social changes that occur as we grow, and to recognise the value of personal responsibility.

Key Vocabulary

Use this word mat to explore the language of growth. The vocabulary is categorised into 'Physical Changes', 'Emotional Wellbeing', and 'Personal Responsibility'. Refer to these terms when discussing your future goals with Leo the Lion.

Explain why resil...	Compare and con...	Justify your ans... Is it possible for a person..
What might happ...	How does unders...	If you were to def...