

The Kindness Advent Word Mat

Learning objective: To understand the importance of empathy, community, and selfless acts of kindness during the festive season.

Key Vocabulary

Use this vocabulary mat to help you reflect on how small, intentional actions can create a positive impact on others. The terms are grouped into 'Acts of Kindness', 'Personal Qualities', and 'Community Wellbeing'.

Altruism The act of helping others without e...	Empathy The ability to understand and shar...	Compassion A deep feeling of care for othe...
Generosity The habit of freely sharing your t...	Inclusive Ensuring that everyone feels welc...	Considerate Being thoughtful and careful no...
Integrity Doing the right thing even when no...	Gratitude The quality of being thankful and ...	Community A group of people who live or w...
Supportive Providing encouragement and h...	Benevolence A desire to do good things for ...	Volunteer Giving your own time to help a ca...
Respect Treating others with dignity and valu...	Appreciation Recognising the value of som...	Selflessness Putting the needs of others be...
Explain why 'em...	Compare and con...	What might happ...
How does 'gratit...	Propose an origi...	Evaluate the stat... 'Kindness is a choice, n...