

The Kindness Quest with Leo the Lion

Learning objective: To understand the impact of kind actions, recognise the importance of empathy, and evaluate how small deeds contribute to a positive school community.

Read the scenarios carefully and answer the questions. Join Leo the Lion on this journey to discover how kindness makes our world a brighter place!

Answer Key: 1.C, 2.True, 3.Listening, 4.B, 5.True, 6.A, 7.False, 8.B, 9.Inclusive, 10.Support. Note for teachers: Discussions on these answers should focus on the reasoning behind the child's choice, encouraging them to think about the impact on others' feelings.

Word bank: Empathy · Compassion · Inclusion · Support · Resilience · Respect

1. 1. Leo sees a classmate sitting alone at lunch. Which action shows the most empathy? A) Ignoring them to talk to friends B) Waiting for them to come to him C) Inviting them to join the group* D) Telling them to move to a different table (1 mark)

2. 2. True or False: Kindness is only about giving physical gifts to others. (1 mark)

3. 3. What is the one-word term for giving someone your full attention when they are speaking to show you value their thoughts? (1 mark)

4. 4. If someone makes a mistake in class, what is the kindest response? A) Laughing quietly B) Offering encouragement* C) Telling the teacher immediately D) Pointing out the mistake loudly (1 mark)

5. 5. True or False: Helping a peer understand a tricky maths problem is a form of kindness. (1 mark)

6. 6. Why is inclusion important in a classroom? A) It helps everyone feel like they belong* B) It makes the room quieter C) It ensures the teacher is happy D) It is a rule that must be followed (1 mark)

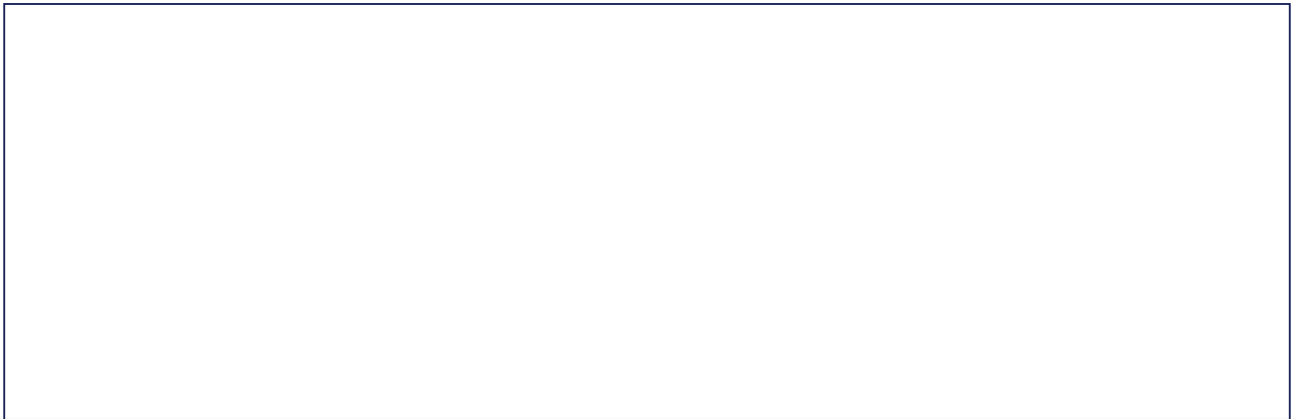
7. 7. True or False: You can only be kind to people you know very well. (1 mark)

8. 8. Max the monkey accidentally breaks a crayon. What is the most compassionate thing to do? A) Blame someone else B) Help him tidy up the pieces* C) Tell him he is clumsy D) Ignore it and walk away (1 mark)

9. 9. Fill in the blank: An _____ environment is one where everyone is invited to participate, regardless of their differences. (1 mark)

10. 10. If a friend is feeling sad, what is the best way to provide support? A) Giving them space alone B) Offering a kind word or asking if they are okay* C) Trying to change the subject D) Telling them to stop being sad (1 mark)

Draw: Draw a 'Kindness Tree'. On the leaves, write or draw acts of kindness that you have seen or done this week, such as holding a door, sharing a pencil, or offering a compliment.



Extension challenge: Greater Depth Challenges: 1. Explain why 'being kind' is different from 'being nice'. 2. Compare and contrast how kindness feels when you are the giver versus the receiver. 3. Justify your answer: Does kindness require effort? 4. What might happen to a school community if kindness was treated as a top priority by every student? 5. Design a 'Kindness Manifesto' with three rules for your classroom. 6. How can you demonstrate resilience when someone else is unkind to you?