

Leo the Lion's 'Try Again' Adventure

Learning objective: To understand the meaning of resilience by identifying ways to keep trying when faced with a challenge.

Leo the Lion is trying to build a tall tower of wooden blocks, but it keeps falling down. Look at the list of feelings and actions below. Sort them into two columns: 'Things that help us keep trying' and 'Things that make us want to give up'. You can draw a smiley face next to the helpful actions and a sad face next to the ones that stop us.

Word bank: Take a deep breath · Say 'I can do this' · Ask a friend for help · Scream and throw the blocks · Stop playing forever · Have a little rest · Think of a new way

1. Leo is frustrated because his tower fell. What is the first thing he should do to stay calm? (2 marks)

2. If Max the Monkey offers to help Leo, should Leo say yes or no? Why? (2 marks)

3. Can you name one thing you find tricky, like learning to tie shoelaces or drawing a circle? (2 marks)

4. What could you say to yourself in your head when you feel like giving up? (2 marks)

5. How does it feel inside your heart when you finally finish a task that was difficult? (2 marks)

Draw: Draw a picture of Leo the Lion successfully building his tower. Show him smiling because he didn't give up!



Extension challenge: Next time you are playing in the classroom and find a task tricky, try to use one of the 'helpful' actions from our list. Tell your teacher how it helped you!