

Exploring the Rich Traditions of Hinduism

Discover the colourful world of Hinduism: Where ancient wisdom meets daily devotion!

- Hinduism teaches the concept of 'Brahman', the ultimate reality or supreme cosmic spirit that exists in everything in the universe.
- Followers believe in 'Karma', the idea that every action has a consequence, and that our choices shape our future experiences.
- A 'Mandir' is a place of worship where individuals perform 'Puja', a ritual act of showing reverence to a deity through prayers, songs, and offerings.
- Dharma represents the moral duties and ethical obligations that help maintain order in the world and guide a person's life.
- Diwali, the vibrant Festival of Lights, celebrates the victory of light over darkness and knowledge over ignorance through the lighting of clay lamps called diyas.

Did you know? Did you know? Hinduism is often described as 'Sanatana Dharma', which translates to 'the eternal way'. It is one of the world's oldest living religions and does not have a single founder, but rather evolved over thousands of years through the wisdom of ancient sages.

Key vocabulary: Dharma · Karma · Brahman · Mandir · Puja · Moksha · Diwali