

Journeys of the Soul: Understanding Pilgrimage

Pack your bags for a journey of discovery with Ellie the Elephant! Every step tells a story.

- A pilgrimage is a physical journey taken to a site that is considered sacred or holy by a particular religious tradition.
- People go on pilgrimages to seek spiritual growth, ask for forgiveness, or to feel a deeper connection to their faith.
- Many pilgrims visit specific sites because of events that happened there in history, such as the life of a prophet or a miraculous occurrence.
- The journey itself is often considered just as important as the destination; it is a time for the pilgrim to pray, reflect, and simplify their life.
- Famous pilgrimage sites include places like Mecca for Muslims, Jerusalem for Christians and Jews, and Varanasi for Hindus.

Did you know? Did you know? The word 'pilgrim' comes from the Latin word 'peregrinus', which means 'a foreigner' or 'a stranger'. Long ago, people set off on these epic journeys on foot, often taking months or even years to reach their destination!

Key vocabulary: Pilgrimage · Pilgrim · Sacred · Shrine · Devotion · Reflect · Journey