

A Journey into Prayer: A Quiz with Nova the Owl

Learning objective: To understand the purpose, diversity, and significance of prayer within different religious traditions.

Join Nova the Owl as we explore the quiet and thoughtful world of prayer. Read each question carefully and select or write your best answer. Remember, prayer can mean many things to many people!

Answer Key: 1.C, 2.True, 3.False, 4.Adoration, 5.B, 6.Intercession, 7.True, 8.Gratitude, 9.B, 10.A. Prayer is a form of communication with the divine. It can be formal, informal, silent, or spoken aloud. People pray for many reasons: to give thanks, to ask for help, to find peace, or to show love. It is a personal practice that varies across cultures and faiths.

Word bank: Petition · Meditation · Gratitude · Intercession · Adoration · Contemplation · Ritual · Reflection

1. Which of these is a common reason for someone to offer a prayer? A) To win a game, B) To show off, C) To express gratitude, D) To ignore others. (Select one) (1 mark)

2. True or False: Prayer always requires a person to speak their words out loud. (1 mark)

3. True or False: People of all faiths pray in exactly the same way using the same posture. (1 mark)

4. What do we call a prayer that focuses entirely on praising the greatness of the divine? (1 mark)

5. In many religions, what is the purpose of a prayer bead or rosary? A) Decoration, B) To keep count of prayers, C) To trade with friends, D) To store snacks. (Select one) (1 mark)

6. When a person prays on behalf of someone else who is suffering or in need, what is this called? (1 mark)

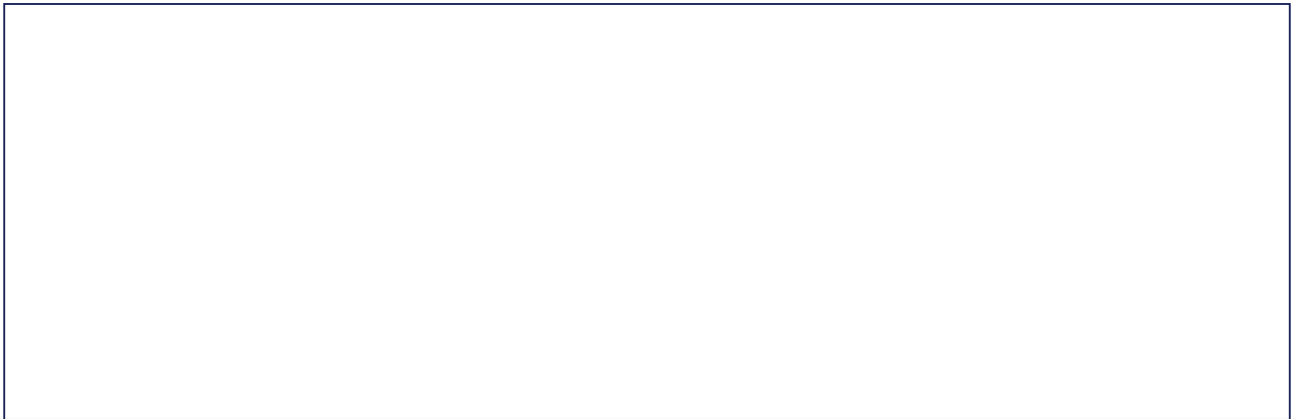
7. True or False: Some people use music, chanting, or movement as a form of prayer. (1 mark)

8. If you are praying to say 'thank you' for the things you have, what type of prayer is this? (1 mark)

9. Why might someone choose to pray in a quiet, secluded place? A) To be seen by others, B) To focus their thoughts without distraction, C) To hide, D) Because they are afraid. (Select one) (1 mark)

10. Which of these is a formal, set prayer often used in communal worship? A) A liturgy, B) A text message, C) A shopping list, D) A science report. (Select one) (1 mark)

Draw: Draw a peaceful, quiet place where someone might go to reflect or pray. Include elements of nature, such as a tree or a soft light, to create a sense of calm.



Extension challenge: Nova the Owl asks you to think deeply: 1. Explain why some people feel that prayer helps them to cope with difficult life events. 2. Compare and contrast a private, silent prayer with a communal prayer held in a place of worship. 3. Justify the importance of silence in a busy life. 4. What might happen if a community stopped using rituals or set prayers in their worship? 5. Why do you think different cultures have developed such unique postures (like kneeling, standing, or sitting) for prayer? 6. Design your own 'meditation space' and justify the items you would include to help someone find inner peace.