

# Remembrance Day: Honouring the Past

Pause, Reflect, and Remember: Honouring those who gave their tomorrow for our today.

- The Armistice, which ended the fighting in the First World War, was signed at the eleventh hour of the eleventh day of the eleventh month in 1918.
- At 11:00 am on 11th November each year, the nation observes a two-minute silence to show respect and reflect on the cost of war.
- Remembrance Day is not just about the First World War; it is a time to honour all members of the Armed Forces who have served and died in conflicts since.
- The Cenotaph in London is a famous national memorial where the monarch and other leaders gather to lay wreaths of poppies.
- Wearing a poppy is a personal choice that demonstrates support for the Armed Forces community and a commitment to never forgetting the past.

*Did you know? Did you know? The red poppy became a symbol of remembrance because it was one of the first flowers to grow in the churned-up soil of the battlefields in Belgium and France after the First World War ended.*

**Key vocabulary:** Armistice · Commemorate · Conflict · Sacrifice · Poppy · Silence · Veterans