

Exploring the Sikh Faith with Ellie

Learning objective: To understand the core beliefs, practices, and history of Sikhism, including the significance of the Gurdwara and the Five Ks.

Join Ellie the elephant on a journey of discovery! Read the key facts below and test your knowledge. Answer the ten questions carefully to see how much you have learned about this vibrant faith.

Sikhism was founded by Guru Nanak in the Punjab region. Sikhs believe in one God and the equality of all people. Their holy scripture is the Guru Granth Sahib, which is treated with the utmost respect. A Sikh place of worship is called a Gurdwara, where everyone is welcome to share a free vegetarian meal in the Langar. Baptised Sikhs wear the Five Ks: Kesh (uncut hair), Kara (steel bracelet), Kanga (wooden comb), Kachera (cotton undergarments), and Kirpan (ceremonial sword). Seva, or selfless service to others, is a central part of daily life.

Word bank: Gurdwara · Guru Nanak · Khalsa · Langar · Five Ks · Khanda · Seva · Guru Granth Sahib

1. Who is the founder of Sikhism? A) Guru Gobind Singh B) Guru Nanak* C) Guru Arjan D) Guru Tegh Bahadur (1 mark)

2. What is the name of the Sikh place of worship? (1 word) (1 mark)

3. True or False: The Guru Granth Sahib is the Sikh holy scripture. (1 mark)

4. What is the term for 'selfless service' performed by Sikhs? A) Langar B) Kesh C) Seva* D) Kara (1 mark)

5. Which of these is NOT one of the Five Ks? A) Kesh B) Kara C) Kanga D) Kirpan E) Kirtan* (1 mark)

6. What is the purpose of the Langar in a Gurdwara? (1 mark)

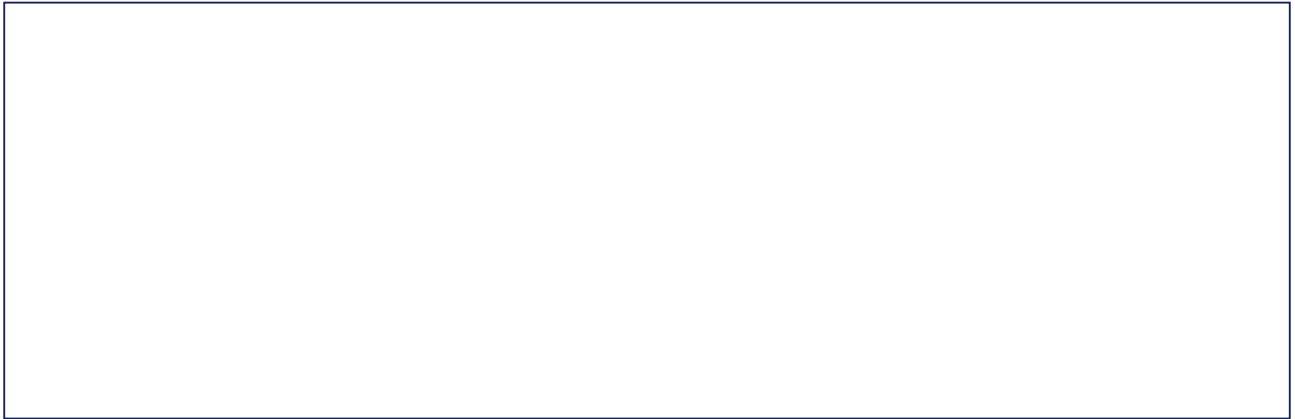
7. True or False: Sikhism teaches that all people are equal regardless of their background. (1 mark)

8. The symbol made of two swords and a circle is called the... A) Khanda* B) Om C) Star D) Crescent (1 mark)

9. What does 'Kesh' represent for a baptised Sikh? (1 word) (1 mark)

10. What community of initiated Sikhs was formed by the tenth Guru? A) The Sangat B) The Khalsa* C) The Granthi D) The Sewadar (1 mark)

Draw: Draw a picture of a Gurdwara and include the symbol of the Khanda, ensuring you use patterns inspired by the beautiful fabrics often found in Sikh culture.



Extension challenge: 1. Explain why the concept of Langar is significant in promoting equality. 2. Compare and contrast the role of a Gurdwara with another place of worship you have studied. 3. Justify why the Five Ks might be important to a Sikh's identity. 4. What might happen if a community did not practise Seva? 5. Why do Sikhs treat the Guru Granth Sahib as a living Guru? 6. If you were designing a project about Sikh history, which aspect would you focus on and why?