

Nova's Guide to Terrific Teeth

Uncover the secrets of your smile: Bite, chew, and digest with Nova the Owl!

- **Incisors** are sharp, chisel-shaped teeth at the front of your mouth, perfectly adapted for slicing and cutting through food.
- **Canine teeth** are pointed and sturdy, designed specifically for gripping and tearing tougher items during a meal.
- **Premolars and molars** have broad, flat surfaces with ridges, which act like tiny grinding stones to crush food into smaller pieces.
- **Digestion begins in the mouth;** by chewing thoroughly, you increase the surface area of your food, making it much easier for your stomach to process.
- **Humans are omnivores,** meaning our set of teeth is a versatile mix that allows us to process both plant-based foods and proteins efficiently.

Did you know? Did you know? Even though they look like solid bone, your teeth are actually stronger than bone! The outer layer, called enamel, is the hardest substance in the entire human body. It acts like a protective shield for the sensitive living tissue inside your teeth.

Key vocabulary: Incisor · Canine · Premolar · Molar · Enamel · Dentine · Digestive system · Herbivore · Carnivore · Omnivore