

## ¡Mi Cuerpo! (My Body)

Explore the wonders of the human body with Rosa the parrot—can you master these Spanish terms?

- **La cabeza** is the Spanish word for the part of your body that holds your brain and senses.
- **Los hombros** are the two joints that connect your arms to your torso.
- **Las rodillas** are the middle joints of your legs, essential for walking and jumping.
- **Los pies** are the parts of your body that touch the ground when you stand.
- **La cara** is the Spanish word for your entire face, including your eyes, nose, and mouth.

*Did you know? Did you know? Even though you have many parts of your body, your brain is the busiest organ of all! It sends electrical signals to your muscles in a split second, allowing you to move, dance, and speak. In Spanish, we call the brain 'el cerebro'.*

**Key vocabulary:** la cabeza (head) · los hombros (shoulders) · las rodillas (knees) · los pies (feet) · los ojos (eyes) · las orejas (ears) · la boca (mouth) · la nariz (nose)