

¡A Comer! - Exploring Spanish Food

Join Rosa the parrot on a delicious journey to discover the flavours of Spain!

- Spanish breakfast, or 'el desayuno', is traditionally lighter than in the UK, often consisting of toast with olive oil or a small pastry.
- When asking someone if they like a specific food, you use the phrase '¿Te gusta...?' followed by the item name.
- To express your opinion, you can say 'Me gusta' for things you enjoy and 'No me gusta' for things you do not enjoy.
- Fresh produce is essential to Spanish cuisine, with 'la fruta' and 'las verduras' appearing in many traditional recipes.
- Politeness is key! When ordering food or being served, remember to say 'por favor' (please) and 'gracias' (thank you).

Did you know? Did you know? In Spain, the main meal of the day is often the 'almuerzo', which happens in the middle of the afternoon. Many families enjoy a light breakfast, a substantial lunch, and a later, smaller dinner called 'la cena'.

Key vocabulary: el desayuno (breakfast) · el almuerzo (lunch) · la cena (dinner) · me gusta (I like) · no me gusta (I do not like) · delicioso (delicious) · la fruta (fruit) · las verduras (vegetables) · el agua (water)