

Rosa's Spanish Food Diary: Mi Diario de Comida

Learning objective: To use accurate Spanish vocabulary to describe food preferences, justify choices using opinions, and construct complex sentences in the target language.

Join Rosa the parrot on a culinary adventure! Use this diary template to record what you ate today in Spanish. Use the provided word bank to help you construct your sentences. For the 'Greater Depth' sections, aim to use connectives like 'porque' (because) or 'pero' (but) to explain your choices in detail.

Word bank: Me gusta (I like) · No me gusta (I do not like) · Delicioso (Delicious) · Saludable (Healthy) · Porque (Because) · Pero (But) · El desayuno (Breakfast) · El almuerzo (Lunch) · La cena (Dinner) · Fruta (Fruit) · Verduras (Vegetables)

1. Describe your breakfast (el desayuno) in Spanish. Include two items you ate and whether you enjoyed them using 'Me gusta' or 'No me gusta'. (2 marks)

2. Explain why you chose your lunch (el almuerzo). Justify your choice by describing if it was healthy (saludable) or delicious (delicioso). (3 marks)

3. Compare and contrast your dinner (la cena) with a friend's typical dinner. What is similar and what is different? (4 marks)

4. Justify your answer: Why is it important to have a balanced diet? Write your response in Spanish, using at least two food items from the word bank. (4 marks)

5. What might happen if you only ate one type of food every day? Explain your reasoning in Spanish. (3 marks)

6. Design a new, healthy meal for Rosa. List the ingredients in Spanish and explain why it is a good choice for a parrot. (4 marks)

Extension challenge: Create a 'Spanish Menu' for a restaurant. Include a starter (entrante), main course (plato principal), and dessert (postre). Use adjectives to describe the flavours and prices in £ (libras).