

Max’s Swimming Skills Word Mat

Learning objective: To understand and use key vocabulary related to swimming strokes, techniques, and water safety.

Key Vocabulary

Use this word mat to help you describe your swimming techniques and safety rules. The terms are grouped by category. Swimming Strokes, Technique and Body Position, and Water Safety.

Max the monkey i...	Why is it importa...	Describe the mov...
If you are struggl...	Explain the role o...	