Kindness Advent Quiz

Learning objective: To understand the value of kindness and small acts of giving during the festive season.

Read each question carefully. Use the word bank at the bottom if you need help. Write your answers in the boxes provided.

Answer Key: 1. A, 2. True, 3. True, 4. B, 5. Smile, 6. False, 7. C, 8. True, 9. Help, 10. A. Kindness is about making others feel happy and valued.

Word bank: Kindness · Share · Smile · Help · Friend

1. 1. What is a 'Kindness Advent' all about? A) Doing one kind thing each day* B) Eating chocolate C) Buying expensive toys (1 mark)

2. 2. True or False: Helping a friend is a great way to show kindness. (True/False) (1 mark)

3. 3. True or False: You can be kind without spending any money. (True/False) (1 mark)

4. 4. If your friend is sad, what should you do? A) Ignore them B) Offer a kind word or listen* C) Run away (1 mark)

5. 5. What can you do to make someone feel better without saying a word? (1 mark)

6. 6. True or False: It is only kind to be nice to people you know. (True/False) (1 mark)

7. 7. How much does it cost to give someone a compliment? A) £5.00 B) £1.00 C) Nothing at all* (1 mark)

8. 8. True or False: Being kind makes the person giving the kindness feel happy too. (True/False) (1 mark)

9. 9. Fill in the blank: If you see someone struggling with their bag, you should offer to ____ them. (1 mark)

10. 10. Why do we do acts of kindness? A) To make the world a warmer place* B) To get a prize C) To show off (1 mark)

Draw: Draw a picture of Pip the caterpillar doing something kind for a friend, like sharing a leaf or reading them a story.

Extension challenge: Write down one kind thing you plan to do tomorrow for a classmate or a family member.