

Kindness Advent: Sharing Joy

Learning objective: To understand how kind actions can help others and to develop personal, social, and emotional skills by reflecting on positive behaviors.

Think about our BookFlik friends. Kindness is like a special gift we can give every day. Look at the drawing space below and follow the steps to show a kind moment.

Draw: Draw a large scene showing you and a friend in a park or classroom. Use bright, cheerful colors. Include an object that represents sharing, like two building blocks or a book. The style should be simple and clear, suitable for a 3-5 year old, with plenty of space to add labels from the word bank.



Label words: Smile · Share · Help · Kind · Friend · Care

Steps:

1. Step 1: Draw yourself doing something kind for a friend, like sharing a toy that costs £1 or helping them tidy up.
2. Step 2: Draw a big, happy smile on your face in the picture.
3. Step 3: Who is the person you are being kind to? Draw them standing next to you.
4. Step 4: Label your drawing using at least two words from the word bank.
5. Step 5: How does it make you feel when you are kind? Draw a star in the corner to represent your happy

feeling.