

Kindness Matters: A PSHE Assessment

Learning objective: To understand the importance of kindness, identify ways to support others, and explain how our actions affect our school community.

Read each question carefully. Write your answers on the lines provided. Use the word bank if you need help with your spelling.

Pip the caterpillar is feeling a bit sad because he dropped his favorite book in a puddle. Max the monkey sees this and wants to help. Max decides to pick up the book, dry it off, and offer to read a new story with Pip to cheer him up. Because of Max's actions, Pip feels much better and knows he has a good friend.

Word bank: kindness · respect · friendship · support · empathy · helpful · listening · caring

1. 1. Why was Pip feeling sad at the start of the story? (1 mark) (1 mark)

2. 2. List two kind things that Max did to help Pip. (2 marks) (2 marks)

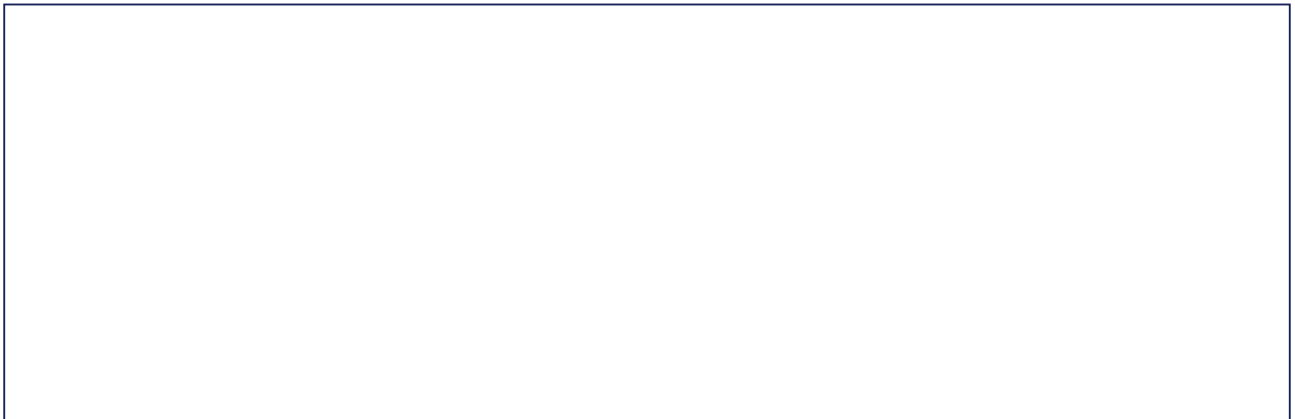
3. 3. What does the word 'empathy' mean? Use the word bank to help you. (2 marks) (2 marks)

4. 4. Imagine you see a classmate sitting alone at lunchtime. Write two sentences about what you could do to show kindness. (4 marks) (4 marks)

5. 5. Why is it important to show kindness even when no one is watching? (4 marks) (4 marks)

6. 6. Extended Writing Task: Write a short story or a letter (50-75 words) about a time you were kind to someone, or someone was kind to you. Explain how it made both people feel. (7 marks) (7 marks)

Draw: Draw a picture of Max the monkey and Pip the caterpillar sharing a happy moment together.



Extension challenge: Think of one 'Random Act of Kindness' you can do at home this weekend. Write it down: _____. Total: /25