

My Safety Superheroes Fact-File

Learning objective: To identify trusted adults and understand how to keep safe in different environments.

Help Leo the Lion create a 'Safety Superheroes' fact-file. Ask the children to think about the people who help them feel safe and what they should do if they feel worried or lost. Encourage them to draw their trusted adults and write simple sentences about their safety rules.

Word bank: Safe · Help · Trusted adult · Teacher · Parent · Police officer · Doctor · Listen · Speak · Brave

1. My Trusted Adults: Draw and name three people you can talk to if you feel worried or need help.

2. Safe Places: Where are three places you feel safe and happy? (For example: at home, in the classroom, or at the park).

3. Asking for Help: If you were lost in a store, what would you say to a helper? Write or draw what you would do.

4. My Safety Rule: What is one important rule you follow to stay safe? (For example: Holding hands near the road).

5. Feeling Brave: Tell me about a time you felt proud of yourself for making a safe choice.

Extension challenge: Ask the children to role-play a scenario with a partner where they have to find a 'trusted adult' in a busy place.