

Bounce Back with Leo the Lion!

Be brave, be bold, and remember to keep trying!

- Resilience is like a eraser ball. When you hit a problem, you have the strength to bounce back up.
- It is okay to find things hard. Every time you try again, your brain grows stronger.
- If you are stuck, you can ask for help. Asking for help is a sign of a clever learner.
- Small steps lead to big goals. You do not have to do everything perfectly on your first go.
- Leo the Lion says: 'I believe in you! Keep going even when the task feels tough.'

Did you know? Did you know? Even the strongest lions in the wild have to practice their pouncing many times before they get it right. Making a mistake is just your brain learning how to do it better next time!

Key vocabulary: Resilience · Challenge · Mistake · Persist · Growth · Courage