

# Learning About Buddhism with Pip the Caterpillar

*Learning objective: To understand the basic beliefs and practices of Buddhism.*

Read each question carefully. Use the word bank to help you write your answers. Pip the Caterpillar is here to help you!

Pip the Caterpillar is learning about Buddhism. Buddhists follow the teachings of Siddhartha Gautama, who became known as the Buddha. They believe in being kind to all living things. Many Buddhists go to a temple to pray. They also use meditation to help them feel calm and peaceful.

*Word bank: Siddhartha Gautama · Buddha · Meditation · Kindness · Temple · Peace*

**1. What is the name of the person who became known as the Buddha? (1 mark)**

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**2. Where do many Buddhists go to pray and learn? (1 mark)**

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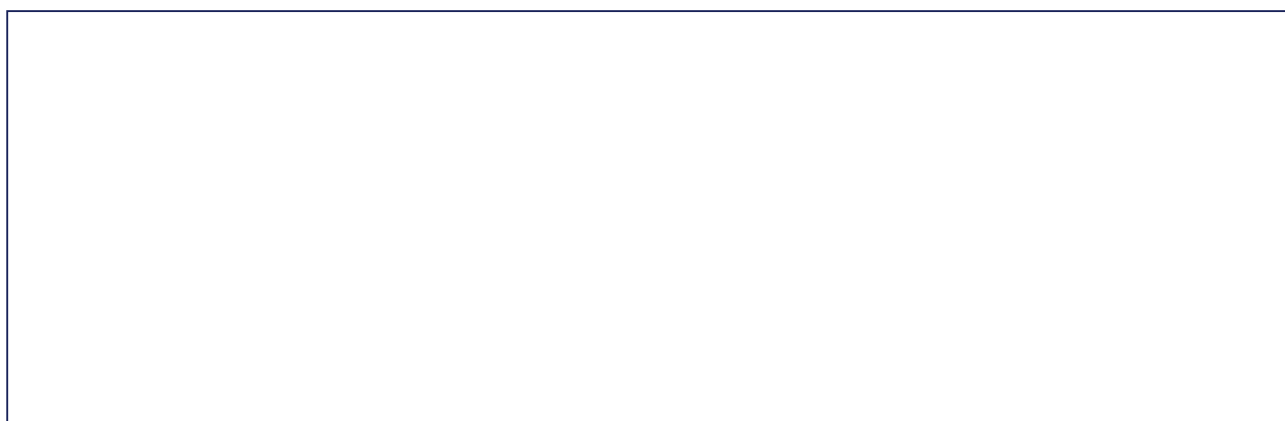
**3. Why do Buddhists choose to practice meditation? (2 marks)**

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**4. Name one way a Buddhist can show kindness to others. (1 mark)**

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**Draw: Draw a picture of a quiet and peaceful place where someone might sit to meditate.**



*Extension challenge: Think of one kind thing you can do for a friend today and write it down in one short sentence.*