

Exploring Sikhism: A Grade 3 Assessment

Learning objective: To demonstrate knowledge and understanding of the key beliefs, practices, and community life of Sikhism.

Read each question carefully. Use the word bank to help you with your spelling. Write your answers clearly on the lines provided. If you get stuck, look at the pictures in your head or think about our class discussions.

Sikhism began in the Punjab region of India. It was started by Guru Nanak. Sikhs believe in one God and that everyone is equal. They go to a place of worship called a Gurdwara. Inside, they eat a meal together called Langar. This meal is free for everyone. Sikhs also believe in Seva, which means helping others without asking for anything back.

Word bank: Guru Nanak · Gurdwara · Langar · Seva · Equality · Khalsa · Five Ks · Community

1. 1. Who was the founder of Sikhism? (1 mark) (1 mark)

2. 2. What is the name of the Sikh place of worship? (1 mark) (1 mark)

3. 3. Explain what 'Seva' means in your own words. (2 marks) (2 marks)

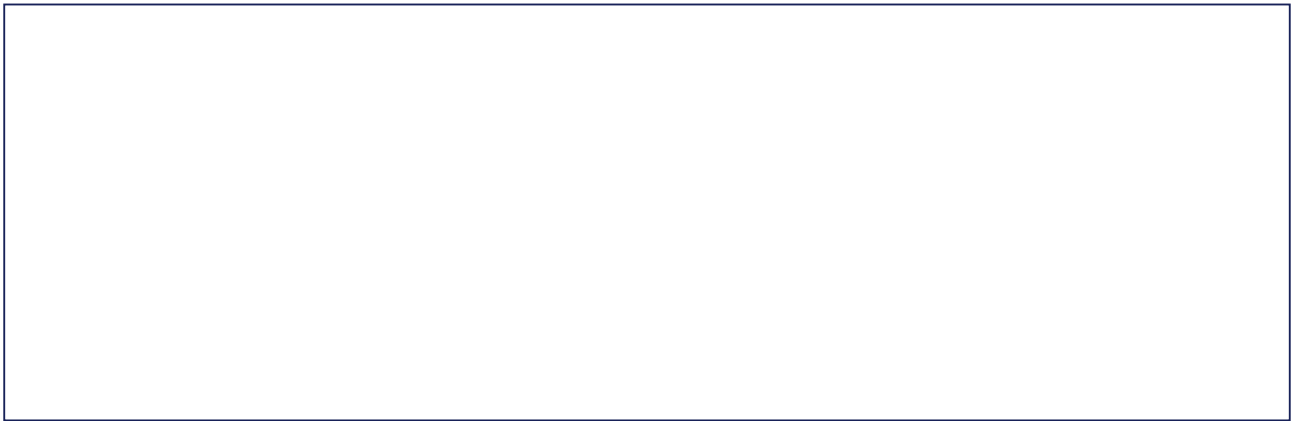
4. 4. Why is the 'Langar' meal important to Sikhs? (3 marks) (3 marks)

5. 5. List two of the 'Five Ks' that some Sikhs wear. (2 marks) (2 marks)

6. 6. Why do Sikhs believe that everyone should be treated equally? (4 marks) (4 marks)

7. 7. Extended Writing: Imagine you are visiting a Gurdwara. Describe what you see, what you do, and how you feel while you are there. Use the word bank to help you write your story. (7 marks) (7 marks)

Draw: Draw a picture of a Gurdwara or the Langar hall showing people sitting together on the floor eating a meal.



Extension challenge: Total: /25. Challenge: Can you write one sentence about why sharing food is a good way to show kindness?