

Nova's Amazing Digestive Journey

Follow the food on its fantastic voyage through the body!

■ The journey begins in the mouth, where teeth break down food and saliva helps soften it before it travels down the oesophagus.

■ Once in the stomach, the food is mixed with powerful acids and juices to break it down into a thick, soupy liquid.

■ In the small intestine, the body absorbs all the useful nutrients from the food and sends them into the bloodstream.

■ The large intestine is where water is absorbed from the remaining food waste, turning it into solid waste.

■ Finally, the digestive system removes what the body does not need through the rectum.

Did you know? Did you know? Even if you stand on your head, the muscles in your oesophagus are strong enough to push your food down into your stomach! It is called peristalsis.

Key vocabulary: Oesophagus · Stomach · Small intestine · Large intestine · Nutrients · Digestion