History Heroes: A Celebration of Courage

Learning objective: To recognise the significant contributions of historical figures who have campaigned for equality, specifically looking at the lives of Rosa Parks and Mary Seacole.

Join Ellie the Elephant on a historical journey! Read the questions carefully and use what you have learnt about these brave individuals to answer. Write your answers clearly in the spaces provided.

Answer Key: 1. A (Rosa Parks), 2. True, 3. Mary Seacole, 4. B (Medicine), 5. True, 6. Courage, 7. C (She refused to give up her seat), 8. False, 9. A (Jamaica), 10. True. Greater Depth Guidance: Encourage children to explain that Rosa Parks and Mary Seacole showed bravery by standing up for what was right, despite facing unfair rules or dangerous situations.

Word bank: Equality · Courage · Hero · Justice · History · Change

1. 1. Who was the woman known for her brave stand on a bus in Montgomery? A) Rosa Parks* B) Mary Seacole C) Ellie Elephant D) Queen Victoria (1 mark)

2. 2. True or False: Mary Seacole travelled a long way to help soldiers during the Crimean War. (1 mark)

3. 3. Which famous nurse set up the 'British Hotel' to provide food and comfort to soldiers? (1 mark)

4. 4. What did Mary Seacole use to help heal the soldiers? A) Magic B) Medicine and herbs* C) Computers D) Space maps (1 mark)

5. 5. True or False: Rosa Parks is often called the 'Mother of the Freedom Movement'. (1 mark)

6. 6. Fill in the blank: Rosa Parks showed great _____ when she stood up for fairness. (1 mark)

7. 7. Why is Rosa Parks famous? A) She won a race B) She was a queen C) She refused to give up her bus seat* D) She invented a machine (1 mark)

8. 8. True or False: Mary Seacole was welcomed with open arms by everyone when she first arrived in London. (1 mark)

9. 9. Where was Mary Seacole born? A) Jamaica* B) France C) Spain D) Australia (1 mark)

10. 10. True or False: People celebrate Black History Month to remember the achievements of amazing people from the past. (1 mark)

Draw: Draw a picture of a 'History Hero' medal. Inside the medal, draw a symbol that represents either kindness, bravery, or helping others.

Extension challenge: 1. Explain why it is important to remember people like Mary Seacole and Rosa Parks today. 2. Compare and contrast the challenges Mary Seacole and Rosa Parks faced. 3. Justify your answer: Who do you think showed more courage? Why? 4. What might happen if these people had decided not to stand up for their beliefs? 5. If you could interview one of these heroes, what three questions would you ask them to learn more about their lives? 6. Research another person who changed history and describe their contribution in three sentences.