Bea's Nutrition Word Mat

Learning objective: To identify and understand the key vocabulary related to nutrition, food groups, and how animals and humans stay healthy.

Key Vocabulary

Use this vocabulary reference mat to help you learn about healthy eating. The terms are grouped into categories: Nutrients, Food Groups, and Staying Healthy. Use the word bank for quick spelling checks.

Which two nutrie…	**Explain why it is …**	**Bea the Bee loves…**
What do we call t…	**Why does your b…**	