Year 5 PSHE Assessment: The Building Blocks of Friendship

Learning objective: To understand the qualities of healthy relationships, how to resolve conflicts, and the importance of empathy and respect.

Read each question carefully. Write your answers clearly in the space provided. Remember to think about the qualities of a good friend and how we treat others with kindness and respect.

Pip the caterpillar and Max the monkey are best friends, but sometimes they disagree. Last week, Pip wanted to spend the afternoon reading in the library, while Max wanted to build a complex maths maze in the garden. They both felt a little frustrated, but instead of arguing, they sat down to talk about how they were feeling. By listening to each other, they decided to spend an hour on the maze together, and then an hour reading stories under the oak tree.

Word bank: Empathy · Compromise · Respect · Trust · Conflict · Communication · Boundaries

1. Using the story of Pip and Max, explain what is meant by the term 'compromise'. (2 marks)

2. List two qualities that make someone a good friend. Explain why each quality is important. (4 marks)

3. What does it mean to have 'empathy' for a friend who is feeling sad? Give an example. (3 marks)

4. Imagine a friend asks you to do something that makes you feel uncomfortable or breaks school rules. What is the best way to handle this situation while still being kind? (4 marks)

5. Why is it important to respect personal boundaries in a friendship? (2 marks)

6. How can clear communication help prevent a small disagreement from turning into a big argument? (2 marks)

7. Extended Writing Task: Write a short guide (100–150 words) for a new student joining your class. Explain how to build a healthy, positive friendship. Include advice on how to be a good listener and what to do if a friendship hits a 'bumpy patch'. (8 marks)

Draw: Draw a scene showing Pip and Max working together on a project. Include speech bubbles that show them using kind and respectful language.

Extension challenge: Total: /25. Think about a time you helped a friend. Write a reflection on how your actions made your friend feel and how it strengthened your bond.