Growing Up: Looking Back and Looking Forward

Learning objective: To reflect on the changes experienced while growing up and identify the skills and values needed for the future.

Use the prompts below to structure your reflection on how you have grown. Think about your personality, your skills, and the goals you have for your future self. Use the word bank to help your writing flow.

As I look back on how much I have changed over the last few years, I realise that growing up is a journey of small, steady steps.

Word bank: furthermore · previously · consequently · as I have matured · significant · in addition · overcoming challenges · ambitions · perspective · steadily

1. Personal Growth: Think about your younger self. How have your interests or your personality changed since you were in Year 1? Start with: I remember when I was younger, I used to... (2 marks)

2. Learning and Skills: Max the monkey loves solving puzzles. What is a skill or a challenge you have mastered recently that you found difficult before? Start with: A significant challenge I have overcome is... (2 marks)

3. Values and Character: Ellie the elephant remembers everything. What important lessons or values have you learned from your family or school experiences? Start with: One of the most important lessons I have learned is... (2 marks)

4. Future Aspirations: Nova the owl looks to the stars to dream big. What are your hopes for the future, and what kind of person do you want to become? Start with: When I look towards the future, I hope to... (2 marks)

5. Advice for Others: If you could give one piece of advice to a child just starting school, what would it be? Start with: If I could give advice to a younger student, I would suggest... (2 marks)

Extension challenge: Imagine you are writing a letter to your future self in Year 11. What three pieces of advice would you give them to ensure they stay true to their values?