The Power of a Kind Ripple

Learning objective: To understand the impact of kindness on wellbeing and community cohesion.

Read the passage below carefully and answer the questions. Make sure to provide full sentences for your answers.

In the heart of the Great Oak Forest, Leo the lion noticed that Kit the fox was feeling rather gloomy after a tricky computing challenge. Instead of walking past, Leo sat down and offered a gentle word of encouragement. He told Kit that mistakes were simply part of learning something new. Seeing this, Bea the honeybee decided to share some of her favourite wildflowers with a tired ant nearby. Moments later, Nova the owl helped a younger bird find its way home. This is what we call the 'kindness ripple effect'. When one person acts with compassion, it inspires others to do the same, creating a wave of positivity throughout the entire community. Kindness does not always need to be a grand gesture; it is often found in small, thoughtful actions. Whether it is holding a door open, sharing a snack, or simply listening when a friend is having a tough day, your actions have the power to change someone's entire outlook. By being kind, we look after our own wellbeing and ensure everyone in our forest feels valued, safe, and happy.

Word bank: empathy · wellbeing · community · compassion · positive · ripple effect

1. What are two examples of small, thoughtful actions mentioned in the text? (2 marks)

2. Who did Leo the lion notice was feeling gloomy, and why were they feeling that way? (2 marks)

3. Why does the author describe kindness as a 'ripple effect'? (2 marks)

4. How does showing kindness to others affect the person who is being kind? (2 marks)

5. Do you agree that small acts of kindness are just as important as large ones? Explain your reasoning. (3 marks)

Draw: Draw a scene showing the 'kindness ripple effect' in your own school or classroom, including one of the BookFlik characters helping a friend.

Extension challenge: Write a diary entry from the perspective of Kit the fox, explaining how Leo's kind words changed the way you felt for the rest of the day.