

Building Healthy Friendships with Leo and Friends

Learning objective: To understand the qualities of a healthy, positive relationship and how to resolve simple conflicts respectfully.

Leo the Lion is helping his friends navigate their social forest. Look at the situations below. For each one, decide if the behaviour helps build a strong, healthy friendship or if it is a 'conflict' that needs solving. If it helps the friendship, mark it as 'Healthy'. If it is a conflict, write a short sentence explaining how to resolve it using kind, assertive communication.

Word bank: Respect · Empathy · Honesty · Compromise · Listening · Trust · Apology · Cooperation

1. Pip the caterpillar is reading a book, but Max the monkey keeps grabbing it to look at the pictures without asking. How should Pip respond? (2 marks)

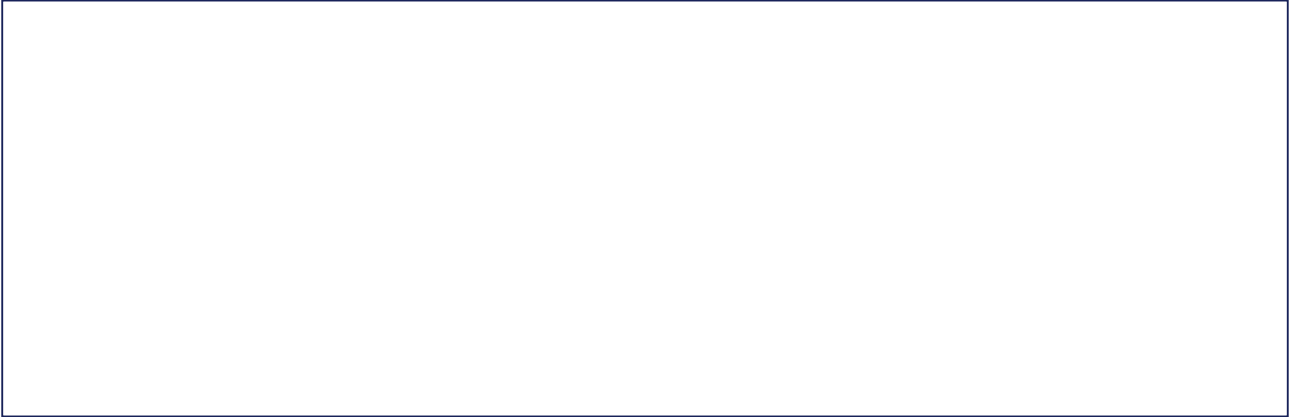
2. Zara the zebra and Ellie the elephant disagree on which game to play during lunch. How can they use compromise to solve this? (2 marks)

3. Nova the owl accidentally bumps into Finn the dolphin while they are playing. What is the best way for Nova to fix the relationship? (2 marks)

4. Explain why 'Listening' is one of the most important parts of a healthy relationship between friends. (2 marks)

5. If a friend is feeling sad, what is one kind thing you could say or do to show you have empathy for them? (2 marks)

Draw: Draw a 'Friendship Shield'. Divide it into four sections and illustrate four qualities that make a friendship strong, such as kindness, sharing, listening, or honesty.



Extension challenge: Write a short poem in the style of Leo the Lion about what makes a 'Best Friend'. Include at least three words from the word bank in your poem.