

# Building Healthy Relationships with Max and Ellie

*Learning objective: To understand the characteristics of healthy, respectful relationships and identify ways to manage conflicts and show kindness to others.*

Read each question carefully and use your knowledge of positive relationships to provide thoughtful answers. Think about how Max the monkey and Ellie the elephant would behave when interacting with their friends.

In our school and community, we build relationships with many different people. A healthy relationship is built on mutual respect, where everyone feels safe, valued, and heard. Whether you are working on a maths puzzle with Max or sharing a story from history with Ellie, the way we treat one another makes a big difference to how we all feel.

*Word bank: Respect · Empathy · Trust · Compromise · Communication · Boundaries · Kindness · Honesty*

**1. Max and his friend disagree on how to solve a maths problem. Explain two things they could do to resolve this conflict peacefully. (2 marks)**

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**2. Why is 'trust' considered a foundation of a healthy friendship? Give one example of an action that builds trust between two people. (2 marks)**

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**3. Ellie believes that 'boundaries' are important in relationships. Describe what a boundary is and why it is important to respect someone else's space. (2 marks)**

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**4. Imagine a new student has just joined your class. List three specific ways you could show kindness to make them feel welcome and included. (3 marks)**

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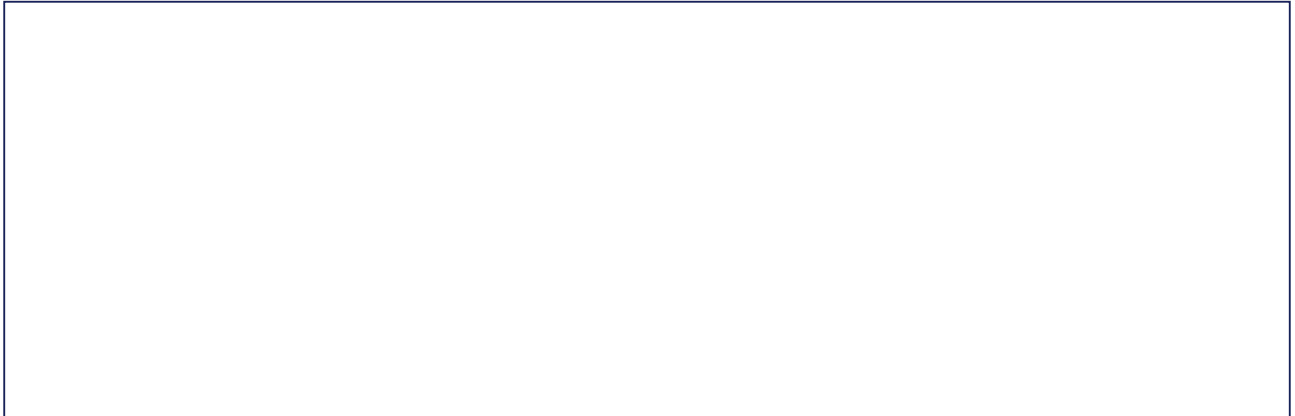
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**5. What does 'empathy' mean? Explain how showing empathy can change the outcome of a difficult conversation with a friend. (2 marks)**

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**Draw:** Draw a scene showing Max the monkey and Ellie the elephant working together on a project. Include speech bubbles showing them using respectful language, such as 'I understand your point' or 'Shall we try it this way?'



*Extension challenge: Write a short 'Friendship Pledge' for your classroom. List five rules that everyone agrees to follow to ensure that the environment remains positive, inclusive, and supportive for every student.*